

Press release

Cureus completes 113 care places for WH Care Group in Lebens- und Gesundheitszentrum ‘Haus Momentum’ in Hammah

- 113 barrier-free single rooms for inpatient and short-term care
- Public restaurant, laundry, care bathrooms in the building
- Built to the energy-efficient KfW 40 standard
- Opening in January 2025
- Cureus properties focus on the needs of residents and operator's employees
- WH Care is the operator in Hammah
- Around 100 new jobs have been created in Hammah, applications via www.berufmitsinn.de or directly at personal@wh-care.de

Hamburg/Garbsen/Hammah, 21 January 2025. Cureus, an integrated property company that specialises in developing and actively managing its own care home portfolio, has completed the Lebens- und Gesundheitszentrums ‘Haus Momentum – Im Hier und Jetzt gut leben’ with 113 care places for inpatient long-term and short-term care. The property was handed over to the operator WH Care in summer 2024 in preparation for the opening. This recently took place in January 2025.

The new building is located at Osterheide 1a in 21714 Hammah (Lower Saxony). The town is near Hamburg. The company H. Hesemann GmbH from Stadland acted as general contractor.

Lilli Braunagel, project manager at Cureus, is delighted: ‘Following the successful handover to our experienced operator partner WH Care in summer 2024, a property that has been completed to high energy standards can now start operating as a care centre. The concept of the building is based on our unique system approach, which focuses in particular on the needs of the residents and the operator’s employees. We wish the residents and the WH Care team all the best in the new life and health centre ‘Haus Momentum’ in Hammah!’

Martin Matthews is the manager of the WH Care facility in Hammah, which is part of the VidaCura group of companies operating throughout Germany and was named Operator of the Year 2024. Martin Matthews emphasises: ‘Our new life and health centre “Haus Momentum” is now fully equipped and the team for the launch has already been able to familiarise itself with the conditions. We celebrated the opening with the first residents on 15 January 2025 so that we can now gradually ramp up occupancy over the coming months and

gently establish the processes within the team. We are still looking for motivated employees in Hammah to gradually expand our care capacity. Residents can also continue to contact us. In addition to focussing on health promotion, we attach great importance to meaningfulness, social relationships and being able to make a difference.'

Living and working in the Lebens- und Gesundheitszentrum "Haus Momentum" in Hammah

Anyone interested in one of the care places can call 04144 183330 or send an email to info@wh-hammah.de and enquire directly at 'Haus Momentum'.

Interested employees can also continue to apply at personal@wh-care.de. A total of around 100 full and part-time crisis-proof jobs are available in the areas of nursing, care, administration, housekeeping and building services; the application phase is still ongoing. We are also looking forward to hearing from people interested in volunteering. Further contact details can be found at: www.berufmitsinn.de (applicant platform).

Modern living and health centre with social living group concept

The U-shaped building of the Lebens- und Gesundheitszentrum 'Haus Momentum' was constructed as a three-storey building with an additional staggered storey and blends in with its surroundings. A total of around 5,900 square metres of barrier-free gross floor area was created in accordance with the KfW's energy-saving Efficiency House 40 standard. The straightforward and modern façade was partially clinkered and blends in perfectly with the surrounding buildings thanks to its light colour scheme.

The Lebens- und Gesundheitszentrum 'Haus Momentum' has a total of 113 modern and generously proportioned single rooms, 50 of which are not only barrier-free but also wheelchair-accessible. On the ground floor of 'Haus Momentum', behind the friendly and hotel-like entrance area with reception and foyer, there is a lounge and a spacious restaurant with a fresh kitchen and sun terrace. In keeping with the open house concept, this is also available to neighbouring residents and guests of the residence and will thus enable residents to socialise with each other and their living environment. The property also has its own laundry for residents' laundry and several care bathrooms.

All rooms in 'Haus Momentum' are single rooms, each with its own bathroom and telephone, internet and television connection. It is possible to furnish the rooms yourself to create privacy and a place of retreat. 'Haus Momentum' is divided into a maximum of six residential groups, one each on the ground and top floors and two each on the other two upper floors. The residential group concept is designed to ensure a homely, family-like atmosphere. To this end, each residential group has an attractively designed communal room as the centre of the residential group with a kitchen and dining area as well as a terrace, roof terrace or

balcony, which will strengthen social contacts between the residents. Premium Light rooms are also available, i.e. particularly high-quality and additional facilities for customers who want to live as if they were in a hotel.

Ideal location and optimal accessibility

The Lebens- und Gesundheitszentrum 'Haus Momentum' is located right in the centre of Hammah. In addition to direct access to the green surroundings, the new supermarket with café, the church, doctors and social facilities are just a few minutes' walk away. The nearby bus stop and railway station connect Hammah perfectly with the towns and communities in the surrounding area. Ten bicycle parking spaces and 19 car parking spaces – two of which are disabled-friendly – have been created on the grounds of the life and health centre. This ensures excellent accessibility for visitors and care staff. The park-like outdoor areas are also available to residents to promote exercise, health, relaxation and socialising.

Sales of care apartments via PECURIA with unique benefits

PECURIA, a specialist for the individual sale of sustainable care apartments, has already started selling the units at the Hammah site in the second half of 2024. Since the start of notarisation in October 2024, over 70 units have already been sold or binding reservations have been made. Buyers benefit from a net initial yield of 3.8 per cent, a lease term of at least 22 years and a sustainable KfW40 property. The 113 units are between 42 and 48 square metres in size, with purchase prices starting from EUR 187,510. Customers also benefit from PECURIA's innovative product concept. They receive greater investor security thanks to unique protection against loss of rent and priority occupancy when choosing a care place in around 150 partner residences throughout Germany. In addition, all PECURIA sales locations have been tested for quality by SozialGestaltung and TÜV SÜD - including the 'Haus Momentum' life and health centre in Hammah. [To the sales exposé...](#)

Cureus proprietary standard guarantees best-in-class construction

'Haus Momentum' has been designed and built in accordance with the Cureus standard for system care homes. This places great importance on uniform, high quality standards and is oriented, among other things, towards the requirements of the operators, focusing on the residents and care staff. In this way, the structural processes and all properties are optimised from the inside to the outside: This concerns, for example, the size and arrangement of rooms to optimize space and walkways. Cureus care homes are also designed and equipped for maximum utility: interior corridors benefit from as much daylight as possible, every room has floor-to-ceiling windows that provide attractive views of the surrounding area, and the modern bathrooms and window fronts always follow the same standardised system approach. Each complex's architecture and facade incorporate individual touches and are constructed to the highest quality standards, integrating seamlessly into their surroundings.

The Cureus system approach also prioritises sustainability, both in terms of a care home's long-term economic viability and its impact on the environment. All Cureus care homes are, for example, constructed in accordance with the 'Effizienzhaus-40-Standard', while the bulk procurement of floor coverings or elevator systems, for example, ensures cost synergies and long-term maintenance contracts covering several properties also reduce costs for care home operators. The constant review and optimisation of the Cureus system care home standard guarantees the construction of care homes that truly meet demand.

Giving care the space it needs

Many people are aware of the shortage of nursing staff and are actively implementing appropriate measures to solve the shortage, but there is little awareness of the undersupply of nursing homes. According to a recent study by bulwiengesa ([find here](#)) and the destatis long-term care projection 2023, up to 650,000 new care places need to be built across Germany by 2040, but construction is lagging behind. Cureus is constantly on the lookout for new plots of land to implement its proprietary system approach and accelerate the construction of modern care facilities. Property offers can be sent to ankauf@cureus.de at any time.

Our vacancies

The best jobs in our care facilities: www.jobs.berufmitsinn.de.



Images & Downloads



Photo Lebens- und Gesundheitszentrum "Haus Momentum", front of building, Hammah, Lower Saxony, a Cureus project

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Photo Lebens- und Gesundheitszentrum "Haus Momentum", garden in courtyard, Hammah, Lower Saxony, a Cureus project

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Visualisation Lebens- und Gesundheitszentrum “Haus Momentum“, front of building, Hammah, Lower Saxony, a Cureus project

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Visualisation Lebens- und Gesundheitszentrum “Haus Momentum“, garden in courtyard, Hammah, Lower Saxony, a Cureus project

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Whitepaper „Optimised, unique, scalable – care home properties following a system“ (only available in German)

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Cureus GmbH

About Cureus GmbH

Cureus GmbH has its operational headquarters in Hamburg and, with more than 15 years of experience and a team of around 130 employees, is an experienced integrated property company with special expertise in care homes in Germany that develops and manages its own property portfolio actively, while repeatedly selectively putting individual properties up for sale.

With its “system care home” standard, Cureus has developed a unique standard for care homes for inpatient care and assisted living, which can be implemented as a scalable solution independent of location. Based on the current legal requirements as well as the needs of operators, residents, and communities, Cureus is establishing new, consistent quality standards with its system care homes. The company is thereby offering a highly efficient product, which combines higher cost-efficiency at lower cost structures with improved living and service quality in the care sector. www.cureus.de/en

About WH Care Holding GmbH

WH Care Holding, a company of the VidaCura group of companies, currently operates 18 life and health centres with around 1,500 employees plus assisted living and five day care facilities. Life and health centres stand for the company's focus on promoting well-being in old age. The head office of WH Care Holding GmbH is located in Garbsen, Hanover. Further information on our life and health centres can be found at: www.wh-care.de.