



PRESS RELEASE

Cureus hands over first construction phase of new MEDIKO senior residence Wilhelmshaven

State-of-the-art senior residence with 137 single rooms for inpatient care opened I Construction complies with KfW 40 energy-efficiency standard I To be operated by MEDIKO – care specialist of the SCHÖNES LEBEN Group I Cureus – the specialist for system care homes – is integrating the property into its portfolio I All Cureus properties are designed to meet the needs of residents I C. 120 new and secure jobs will be created in Wilhelmshaven I Successful opening at the beginning of February I Some places are still available

Hamburg/Hanover/Wilhelmshaven, 8 February 2022. Cureus, an integrated property company specialising in care homes, which builds new properties for its own portfolio, has completed the first construction phase of the new MEDIKO senior residence Wilhelmshaven at Marktstraße 213 in 26382 Wilhelmshaven in December 2021 and now handed it over to the operator MEDIKO.

"The new senior residence has been built according to our state-of-the-art standard for system care homes", says Holger Johannesmann, Project Manager at Cureus. "Modern and spacious rooms with generous glazing and a bright, friendly facade create a residence to feel at home in. With the SCHÖNES LEBEN Group and its subsidiary MEDIKO, we have experienced experts for the business who stand for personalised care and nursing in high quality".

"We are pleased about the successful opening of our beautiful location in Wilhelmshaven," says Christian Cohausz, Managing Director of MEDIKO. "With our many years of experience in the operation of senior residences, we can offer our customers a self-determined, comfortable and age-appropriate, beautiful life. The very good, calm location near the centre and not far from the harbour, offers our residents a high quality of life."

There are still a few vacant nursing places available for full inpatient permanent and short-term care. Interested parties can find more information about the offer and contact options on the website of the senior residence www.wilhelmshaven-seniorenresidenz.de. Interested residents and staff can contact MEDIKO at 04421 7587-0. The first construction phase of the MEDIKO Senior Citizens' Residence Wilhelmshafen, which has now been completed, will create approx. 100 crisis-proof jobs, of which more than 30 employees have already started work. After completion of the second construction phase, there will be a total of 120 jobs.

Modern care home with a comprehensive range of services

Construction of this architecturally sophisticated senior residence with three full floors and a recessed top floor on the 13,000-square-metre site has been underway since early 2020. The new residence has 137 modern care places in single rooms with private bathrooms, 70 of the rooms are wheelchair accessible. Residents have the option of furnishing their own rooms in order to maintain privacy and create a private retreat. In order to foster a sense of community and encourage interaction, two independently organised living groups have been





created on each of the upper floors and the recessed top floor, each with its own kitchen, lounge area and balcony. A residential group on the ground floor is specially designed to meet the needs and care requirements of dementia patients, and offers direct access to the outdoor facilities, which are designed as a dementia garden. The garden is laid out to allow residents to move around safely even without supervision.

The building has been designed and built to satisfy the stringent KfW 40 energy-efficiency standard. Heating is provided by an environmentally-friendly combined heat and power unit (CHP), which also generates electricity.

In addition, the ground floor of the senior residence, which has a gross floor area (GFA) of c. 7,210 sqm, features a restaurant with a fresh-food kitchen and terrace, which will be open to residents, guests and members of the local community. A hotel-style reception, a hair and pedicure salon, four modern therapeutic baths and an in-house laundry round off the facilities.

The welcoming, spacious outdoor areas invite residents to stay and be active outdoors and offer ample opportunities to socialise. In addition to 16 parking spaces for cars, 7 bicycle stands have been created on the grounds of the now completed construction phase. The MEDIKO senior residence Wilhelmshaven is also optimally accessible for visitors and staff via the nearby bus stop. The residential area in and around Marktstraße is quiet and offers convenient shopping and optimal access to the town centre with a variety of social and cultural amenities.

Second phase with 27 assisted living units and 10 apartments already under construction

In the second construction phase, a total of 27 assisted living units, five of which are wheelchair accessible, and an outpatient assisted living community with 10 apartments will be built on three full floors by autumn 2022. Further information on this can be found here in our news item from March 2021.

Well thought-out standard ensures individuality and highest building quality

All buildings of MEDIKO senior residence Wilhelmshaven will be designed and built in accordance with the Cureus standard for system care homes. This places great importance on uniform, high quality standards and is oriented, among other things, towards the requirements of the operators, focusing on the residents and care staff. In this way, the structural processes and all properties are optimised from the inside to the outside: This concerns, for example, the size and arrangement of rooms to optimize space and walkways. Cureus care homes are also designed and equipped for maximum utility: interior corridors benefit from as much daylight as possible, every room has floor-to-ceiling windows that provide attractive views of the surrounding area, and the modern bathrooms and window fronts always follow the same standardised system approach. Each complex's architecture and facade incorporate individual touches and are constructed to the highest quality standards, integrating seamlessly into their surroundings. The Cureus system approach also prioritises sustainability, both in terms of a care home's long-term economic viability and its impact on the environment. All Cureus care homes are, for example, constructed in accordance with the 'Effizienhaus-40-Standard' (former KfW 40 energy-efficiency standard), while the bulk procurement of floor coverings or elevator systems, for example, ensures cost synergies and long-term maintenance contracts covering several properties also reduce costs for care home operators. The constant review and optimisation of the Cureus system care home standard guarantees the construction of care homes that truly meet demand.





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Saxony, a project of Cureus GmbH

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Whitepaper "Optimised, unique, scalable – care home properties following a system" (only available in German)

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About Cureus GmbH

Cureus GmbH is based in Hamburg and is an integrated property company in the German care home sector with more than 15 years of experience and a team of c. 140 employees developing properties for the portfolio managed by Cureus.



With the "system care home" – named as "Outstanding Innovation" by the industry association ZIA – Cureus has developed an innovative new standard for full inpatient care and assisted living facilities, which can be implemented as a scalable, location-agnostic solution. Aligned to both current

legislative requirements and the needs of operators, residents and local authorities, the senior residences and care homes developed by Cureus GmbH establish new, uniform standards and represent a highly efficient product that combines greater cost effectiveness in care with improved quality of living and service. www.cureus.de/en

About SCHÖNES LEBEN Gruppe / MEDIKO Pflege- und Gesundheitszentren GmbH

The SCHÖNES LEBEN Group is one of Germany's leading residential and nursing care home operators. The company's mission is to support seniors to live independently in high quality surroundings with best-in-class care services. The company's guiding principles include peace of mind, joie de vivre, service and respect. Founded in 2017, the SCHÖNES LEBEN Group currently employs several thousand care professionals across Germany. The company's innovative residential and care home concepts create completely new perspectives for residents to shape and enjoy their lives. The Group's specialist care subsidiaries, compassio, the Gut Köttenich Group, A+R Betriebsgesellschaft, MEDIKO Pflege- und Gesundheitszenten GmbH and Spies KG, have established a state-of-the-art, high-quality network of almost 100 care facilities across Germany. The SCHÖNES LEBEN Group is a member of the portfolio of companies owned by the independent private equity investment group Waterland. www.schoenes-leben.org

MEDIKO Pflege- und Gesundheitszentren GmbH is a regional and sustainably growing service provider in the field of care. MEDIKO operates nursing and senior residences, house communities, day care facilities and senior-friendly flats. Starting from the company headquarters in Hanover, the company concentrates on the federal states of Lower Saxony, North Rhine-Westphalia, Hamburg, Mecklenburg-Western Pomerania, Brandenburg,





Saxony-Anhalt and currently operates 28 facilities. By the end of the year, 35 residences will be in operation. www.mediko-gruppe.de

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