



# PRESSE RELEASE

# Cureus and MEDIKO lay the foundation stone for senior residence in Cottbus with modern care and living facilities

Review of the laying of the foundation stone on 18 March 2022 I Modern building ensemble consisting of a senior residence with 147 single rooms for inpatient care and an apartment building with 41 assisted living units as well as an outpatient daycare unit with 27 places is being built I All buildings in sustainable efficiency house 40 construction I To be operated by MEDIKO – care specialist of the SCHÖNES LEBEN Group I Cureus – the specialist for system care homes – is integrating the new property into its care home I All Cureus properties are designed to meet the needs of residents I Over 100 new, secure jobs are being created for Cottbus I Completion planned for summer 2023

Hamburg/Hanover/Cottbus, 18 March 2022. Cureus, an experienced integrated portfolio holder for inpatient care homes in Germany, which builds new properties for its own portfolio, and MEDIKO, care specialist of the SCHÖNES LEBEN Group, as the future operator of the Cottbus senior residence, today invited guests to the laying of the foundation stone in a small circle due to coronavirus restrictions. Among the guests were city councillor Thomas Bergner and Gudrun Obst, chairwoman of the advisory council for people with disabilities of the city of Cottbus. In addition to the actual ceremony, which included the ceremonial sinking of the time capsule, the participants were also presented with in-depth information on how the new senior residence is being built. Visitors enjoyed food and drink after the ceremony. The construction site is located in Hallenser Straße/Schweriner Straße in 03046 Cottbus, the general contractor is Schneider Systembau from Radeburg.

"We expect this comprehensive project with more than 200 modern care and assisted living units to take just 19 months to build, so we are planning to complete it before the end of summer 2023", reports Yvonne von Polier, project manager at Cureus. "Today we laid the foundation stone and embedded a time capsule in the floor slab with special utensils that symbolise our current time. In addition to floor plans, these include, for example, a daily newspaper, a few coins, photos, but also a face mask. We would also like to take this moment to wish the new building project that is now underway and all those involved in it every success!"

Christian Cohausz, Managing Director of MEDIKO Pflege- und Gesundheitszentren, also spoke to the guests: "We are delighted about the start of building construction on schedule for our residence in Cottbus, which will be our third new MEDIKO location in beautiful Brandenburg, along with Neuruppin and Rathenow. While the building is now being constructed piece by piece, we are starting to recruit staff and are already accepting applications for our care places. As early as next summer, we want to offer an attractive range of services for senior citizens in Cottbus with our comprehensive care, living and service offer".





# Living and working in the MEDIKO Seniorenresidenz Cottbus

MEDIKO has stood for professional, individual care and nursing since 2007, always keeping the needs of its employees in mind. MEDIKO has earned a first-class reputation in the industry with its high-quality, modern facilities, excellent quality of care and attractive working conditions. More than 100 new, secure and modernly equipped jobs in the areas of care, administration, building services and services will be created at the senior residence in Cottbus.

Interested residents and employees can now contact MEDIKO by phone at 0511 357 38 100 or by email info@cottbus-seniorenresidenz.de. A total of over 100 new and secure jobs will be created in the complex in the areas of care, administration, building services and catering.

# State-of-the-art care and units with a comprehensive range of services

The Cottbus senior residence comprises two completely barrier-free buildings. The care facility is being built along Schweriner Straße, while the apartment building with outpatient daycare places adjoins the rear of the residence to the east of the site. Both buildings will be built as energy-optimised efficiency houses 40 (previously KfW-40 standard). Heating will be ecologically sustainable via a combined heat and power unit (CHP), which will also generate electricity.

The nursing home extends over four full floors with a recessed floor. The future residents will have 147 modern care places in generously designed single rooms with en-suite bathrooms, 63 of the rooms are wheelchair accessible. It is possible for residents to furnish their own rooms in order to maintain privacy and as a private retreat. A living group on the ground floor will be specially designed for the needs and care processes of dementia patients. A restaurant with fresh cuisine and a terrace is also planned for the ground floor of the senior residence, which will be open to residents, guests and neighbours. A hotel-like reception, a hair salon, modern care bathrooms and an in-house laundry round off the services offered to residents.

In the apartment building, 41 spacious two-room units are being built on the ground floor and on the two upper floors, ranging from 46 to 57 square metres, six of which are wheelchair-accessible. In addition to the living room with visually separated kitchenette and access to its own balcony or terrace, each of the units also has a bedroom, a handicapped-accessible shower room, a hallway and a storage room. The recessed floor above will house the outpatient daycare places with 27 modern care places.

MEDIKO Seniorenresidenz Cottbus is within walking distance of Cottbus city centre and is very well connected to public transport. 30 parking spaces as well as friendly, spacious outdoor facilities are available on the premises for residents, guests and staff.

All further details and information on the new MEDIKO senior residence Cottbus can be found here in our detailed press release dated 5 January 2022.





#### **Images & Downloads**



**Photo:** Laying of the foundation stone MEDIKO Senior Citizens' Residence Cottbus, from left to right Christian Cohausz, Managing Director MEDIKO, Yvonne von Polier, Project Manager Cureus, Thomas Bergner, Head of Department of the City of Cottbus, Brandenburg, a Cureus Project

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**Photo:** Laying of the foundation stone MEDIKO Seniorenresidenz Cottbus, time capsule and accessories, Brandenburg, a Cureus

project

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Image title: Visualisation MEDIKO Seniorenresidenz Cottbus, front view senior residence building, Brandenburg, a Cureus project

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Image title: Visualisation MEDIKO Seniorenresidenz Cottbus, view

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**Whitepaper** "Optimised, unique, scalable – care home properties following a system" (only available in German)

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#### **About Cureus GmbH**

Cureus GmbH is based in Hamburg and is an integrated property company in the German care home sector with more than 15 years of experience and a team of c. 140 employees developing properties for the portfolio managed by Cureus.



With the "system care home" – named as "Outstanding Innovation" by the industry association ZIA – Cureus has developed an innovative new standard for full inpatient care and assisted living facilities, which can be implemented as a scalable, location-agnostic solution. Aligned to both current legislative requirements and the needs of operators, residents

and local authorities, the senior residences and care homes developed by Cureus GmbH establish new, uniform standards and represent a highly efficient product that combines





greater cost effectiveness in care with improved quality of living and service. www.cureus.de/en

# About SCHÖNES LEBEN Gruppe / MEDIKO Pflege- und Gesundheitszentren GmbH

The SCHÖNES LEBEN Group is one of Germany's leading residential and nursing care home operators. The company's mission is to support seniors to live independently in high quality surroundings with best-in-class care services. The company's guiding principles include peace of mind, joie de vivre, service and respect. Founded in 2017, the SCHÖNES LEBEN Group currently employs several thousand care professionals across Germany. The company's innovative residential and care home concepts create completely new perspectives for residents to shape and enjoy their lives. The Group's specialist care subsidiaries, compassio, the Gut Köttenich Group, A+R Betriebsgesellschaft, MEDIKO Pflege- und Gesundheitszenten GmbH and Spies KG, have established a state-of-the-art, high-quality network of almost 100 care facilities across Germany. The SCHÖNES LEBEN Group is a member of the portfolio of companies owned by the independent private equity investment group Waterland. <a href="https://www.schoenes-leben.org">www.schoenes-leben.org</a>

MEDIKO Pflege- und Gesundheitszentren GmbH is a regional and sustainably growing service provider in the field of care. MEDIKO operates nursing and senior residences, house communities, day care facilities and senior-friendly flats. Starting from the company headquarters in Hanover, the company concentrates on the federal states of Lower Saxony, North Rhine-Westphalia, Hamburg, Mecklenburg-Western Pomerania, Brandenburg, Saxony-Anhalt and currently operates 29 facilities. By the end of the year, 36 residences will be in operation. <a href="https://www.mediko-gruppe.de">www.mediko-gruppe.de</a>

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